



# FORGING MEDICINE'S FUTURE

**DEPARTMENT OF PSYCHIATRY**



## DEAR COLLEAGUE:

As one of just 18 hospitals named to the **U.S. News & World Report Honor Roll**, University Hospitals Case Medical Center is committed to building upon a legacy of medical discovery that began nearly 150 years ago and continues today.

Through our collaboration with Case Western Reserve University School of Medicine, our physician-scientists – many of whom are also faculty at the School of Medicine – are forging the future of medicine through a number of programs and initiatives:

- An addiction recovery services program featuring the only certified gambling specialist in Ohio and two counselors certified by the National Council of Problem Gambling.
- A public psychiatry fellowship that incorporates advanced practice registered nurses (APRNs).

- A study focused on how to create therapeutic environments in which patients become more active and participatory in their own treatment.
- A donor-funded “Never Say No” initiative that provides second opinions and stabilization to uninsured or underinsured patients.

We welcome your feedback on how we can work together to further enhance the field of psychiatry.

**P.S.** *I look forward to seeing you in New York at the American Psychiatric Association’s Annual Meeting in May.*



A handwritten signature in black ink, appearing to read "Robert J. Ronis, MD, MPH".

**Robert J. Ronis, MD, MPH**

*Chairman, Department of Psychiatry,  
UH Case Medical Center and Case Western Reserve University  
School of Medicine  
Psychiatrist-In-Chief, University Hospitals  
Douglas Danford Bond Professor, Case Western Reserve University  
School of Medicine*

*Drs. Cathleen Cerny and Christina Delos Reyes*



## Department of Psychiatry

The Department of Psychiatry at UH Case Medical Center enhances the lives of people affected by mental illness and addictions through our **comprehensive clinical services and research, leading-edge treatment and innovative programs** in mood disorders, substance use disorders, child and adolescent psychiatry, community mental health, forensics, and psychiatry and medicine.

As the primary academic affiliate of Case Western Reserve University School of Medicine, we are committed to training the next generation of physicians and contributing to the body of knowledge about the origins and treatments of these illnesses. Now comprising more than 60 full-time and nearly 200 clinical (volunteer) faculty, the department has grown to be among the larger psychiatry programs in the country.

# UH CASE MEDICAL CENTER

Among the nation's leading academic medical centers, UH Case Medical Center is the **primary affiliate of Case Western Reserve University School of Medicine.**

TO HEAL. TO TEACH. TO DISCOVER.

With more than 1,000 registered beds, UH Case Medical Center provides primary, specialty and subspecialty medical and surgical care. Located in the heart of Cleveland's University Circle on a beautiful 35-acre campus, UH Case Medical Center includes general medical, intensive care and surgical units, as well as three major specialty hospitals:

**University Hospitals Seidman Cancer Center**

**University Hospitals MacDonald Women's Hospital**

**University Hospitals Rainbow Babies & Children's Hospital**

Our physicians and researchers – who also serve as faculty at Case Western Reserve University School of Medicine – are leaders in their respective fields, and their ongoing clinical research programs push the boundaries of medical progress.

Our dedication to clinical research and education has played a major role in building UH Case Medical Center's rich legacy of medical innovation, and continues to this day. Coupled with a commitment to implementing the latest therapies and integrating with the most technologically advanced hospitals and community facilities, UH Case Medical Center offers a depth of care and scope of services unmatched by any other medical center in Ohio.

**1,000+**  
registered  
beds

**35**  
acre  
campus

**3**  
major  
specialty  
hospitals



## THE PRIMARY AFFILIATE OF Case Western Reserve University School of Medicine

The commitment to exceptional patient care begins with revolutionary discovery. **University Hospitals Case Medical Center is the primary affiliate of Case Western Reserve University School of Medicine**, a national leader in medical research and education, and consistently ranked among the top research medical schools in the country by U.S. News & World Report. Through their faculty appointments at Case Western Reserve University School of Medicine, physicians at UH Case Medical Center are advancing medical care through innovative research and discovery that bring the latest treatment options to patients.



*Drs. Molly McVoy, Marcie Hall Mennes, Aaron Ellington and John Hertzler*

# Department of Psychiatry

The Department of Psychiatry offers comprehensive evaluation, diagnosis and treatment of psychiatric illness for adults and children (both inpatient and outpatient) through programs that apply the most advanced diagnostic and therapeutic techniques available. In addition, our care team receives ongoing medical training in applied and clinical psychiatric research from leaders in this highly specialized field.

**The department is comprised of the following divisions:**

- Addiction Recovery Services
- Adult Psychiatry
- Child & Adolescent Psychiatry
- Geropsychiatry
- Mood Disorders
- Public & Community Psychiatry
- Psychiatry & Medicine

*To contact the department directly,  
email [Psychiatry@UHhospitals.org](mailto:Psychiatry@UHhospitals.org).*

*Dr. Robert Ronis*



# NATIONALLY RECOGNIZED EXPERTS

## DEPARTMENT OF PSYCHIATRY

Our leadership team comprises nationally recognized leaders in teaching, research and clinical services. The physician-scientists who lead the Department of Psychiatry are recognized for their influence in the field – both for their discoveries of new treatments for mental illnesses and for their role in educating psychiatry’s leaders of tomorrow.

# NATIONALLY RECOGNIZED EXPERTS

**Robert J. Ronis, MD, MPH**, is the *Psychiatrist-in-Chief for University Hospitals and the Douglas Danford Bond Professor and Chairman of the Department of Psychiatry at Case Western Reserve University School of Medicine*. A leading figure in public and community psychiatry, Dr. Ronis also serves as a Director of the American Board of Psychiatry and Neurology, the national accrediting body for board certification in the two specialties. Dr. Ronis also co-directs the Center for Evidence-Based Practices at Case Western Reserve.

**Joseph Calabrese Jr., MD**, directs the *Mood Disorders Program and holds the Bipolar Disorders Chair at UH and is Professor of Psychiatry at Case Western Reserve*. Nationally recognized for his research in bipolar and other mood disorders, Dr. Calabrese also directs the first long-term prospective study in the development of post-traumatic stress disorder by active-duty combatants. Dr. Calabrese holds Lifetime Achievement Awards from the National Alliance for Research on Schizophrenia and Depression and the Depression and Bipolar Support Alliance for his work on improving clinical outcomes for patients with bipolar disorders.

**Phillip J. Resnick, MD**, directs the *Fellowship in Forensic Psychiatry at UH Case Medical Center and the Court Psychiatric Clinic in Cleveland*. He also serves as *Director of the Division of Forensic Psychiatry and holds professorships in both the School of Medicine and School of Law at Case Western Reserve*. Having earned a reputation as a leading expert in forensic psychiatry, Dr. Resnick has served as a consultant on high-profile criminal cases involving defendants such as Casey Anthony, Andrea Yates, Scott Peterson, Theodore Kaczynski (aka the Unabomber) and Jeffrey Dahmer.

**Stephen Ruedrich, MD**, serves as *Director of the Adult Division and Chief Quality Officer for the department at UH Case Medical Center* and is a leading expert in dual diagnosis (intellectual disability and mental illness). He also is the *L. Douglas Lenkoski Professor and Vice Chair for the Department of Psychiatry at Case Western Reserve*.

**Joseph Locala, MD**, *Director of the Division of Psychiatry and Medicine at UH Case Medical Center*, directs the consultation/liaison psychiatry program and Psychosomatic Fellowship at UH. The division provides integrated behavioral health services in many clinical areas of the hospital, including UH Seidman Cancer Center, University Hospitals Neurological Institute, UH MacDonald Women's Hospital, University Hospitals Harrington Heart & Vascular Institute and the Department of Dermatology. He also serves as an *Associate Professor of Psychiatry at Case Western Reserve University School of Medicine*.

**Susan Stagno, MD**, serves as *Director of the Education Division and Director of Residency Training for the Adult Psychiatry program at UH Case Medical Center*. A recipient of two Scholarships in Teaching Awards from Case Western Reserve University School of Medicine in 2009 and 2011, *Associate Professor of Psychiatry* Dr. Stagno was selected as a Harvard Macy Scholar in 2009 and invited to participate as a returning scholar at the Harvard Macy Institute in 2010 – 2012. She is recognized for her work in bioethics and has served as an ethics consultant at UH, chairs the Ethics Committee for the Ohio Psychiatric Physicians Association and developed ethics curricula for community psychiatry and residency programs.

**Margaret Kotz, DO**, is *Director of Addiction Recovery Services at UH and Professor of Psychiatry and Anesthesiology at the School of Medicine*. Nationally recognized for her work on pain and addictive disorders, Dr. Kotz was selected to lead projects for the Center for Substance Abuse Treatment and the Substance Abuse and Mental Health Services Administration of the federal government. Dr. Kotz is a Distinguished Fellow of the American Psychiatric Association and a fellow in the Academy of Psychosomatic Medicine and the American Society of Addiction Medicine.

**Martha Sajatovic, MD**, is *Director of the UH Neurological Institute Neurological & Behavioral Outcomes Center, the Willard W. Brown Chair in Neurological Outcomes at UH Case Medical Center, and Professor of Psychiatry at the School of Medicine*. Nationally recognized for her efforts in treatment adherence research, Dr. Sajatovic is the principal investigator of a grant from the National Institute of Mental Health (NIMH) focused on improving outcomes for individuals with serious mental illness and diabetes in the primary care setting.

The Addiction Recovery Services Program at UH Case Medical Center was started eight years ago by **Margaret Kotz, DO**. *The program's mission is to deliver compassionate care and clinical excellence, as well as train the next generation of addiction specialists.*

One of the greatest challenges for people living with addiction is a lack of knowledge of where to go for resources, or accessing the full spectrum of care they need for their condition, or conditions. Patients in the Addiction Recovery Services Program are evaluated for comorbid psychiatric and medical conditions, and staff members are trained in motivational interviewing and motivational enhancement therapies, a treatment model

## Addiction Recovery Services Continues to Innovate and Lead Treatment for Gambling Disorders Are Added to Already Rich Program

that addresses patients' ambivalence about giving up their addictions. This process helps patients assess the assets and liabilities of their addiction and conclude for themselves that the liabilities outweigh the benefits of continued use.

UH's Addiction Recovery Services Program includes gambling disorders and is one of only a handful of programs in Ohio designed for this purpose. Dr. Kotz is the only certified gambling specialist in Ohio and the staff includes two counselors certified by the National Council of Problem Gambling.

Therapies for substance abuse and behavioral disorders include a family program that has proven to be effective in treating addictions. The program also interfaces with specialty medical services, including hematology and oncology, and pain management services, to treat comorbid addictions and chronic pain. Medication therapy is included as part of the practice, with clinics that provide medications such as diprenorphine, which helps people, particularly those addicted to opioids, maintain their sobriety and prevent relapse.

The practice has, from the start, included **mindfulness and meditation** as part of a holistic approach to therapy and treatment. Unusual eight years ago, these practices are becoming more common in other recovery and addiction programs. Mindfulness practice and meditation remain a valuable source of support for patients after they leave treatment, something they can draw upon whenever needed.

The program's retention rate of nearly 80 percent qualifies it as one of the best, and positive survey responses to the question, "Would you refer us for addiction recovery services to a friend or a loved one?," have been at 100 percent consistently for eight years.

The primary focus of Dr. Kotz's activities over the past year has been on the treatment of the interface between substance abuse disorders and chronic pain, and the pharmacotherapies of addiction treatment. She has been involved in several national projects that look at guidelines and consensus papers for the use of medication-assisted treatment and to help educate physicians across the country about the safe use of opioids in chronic pain. A consultant to the Federation of State Medical Boards, she also chaired an expert panel organized by the Substance Abuse and Mental Health Services Administration (SAMHSA).



*Dr. Margaret Kotz*

**To learn more about our Addiction Recovery Services team, visit [UHhospitals.org/Addiction](https://UHhospitals.org/Addiction).**



Dr. Patrick Runnels

## Focus on **THE COMMUNITY**

### MULTIFACETED TRAINING FOR A CHANGING MENTAL HEALTH LANDSCAPE

The core concept of the Public & Community Psychiatry Fellowship at UH Case Medical Center is to train psychiatrists and clinicians to better serve the severely mentally ill in community health settings. The program includes preparing these professionals for leadership roles in those environments.

Led by **Patrick Runnels, MD**, *Director, Public & Community Psychiatry Fellowship, and Assistant Professor of Psychiatry, Case Western Reserve University School of Medicine*, training is based on a didactic curriculum that includes lectures on a wide range of topics, issues and situations that would be encountered in a community practice setting. The series includes lectures on management and administration, psychosocial rehab, working with patients with forensic histories, prison and jail populations, and the history and structure of public health systems such as Medicaid, Medicare and Social Security. The **emphasis is on becoming comfortable and competent doing team-based work**; the fellowship is structured to include getting a job in a community health setting, working with mental health patients and getting experience in a real-world setting. Fellows gain experience in clinical practice and develop administrative/management skills.

There are no other public psychiatry fellowships that incorporate APRNs. These professionals are becoming more integral to the mental health system, particularly in community settings. While the population of psychiatrists has remained steady, the number of advanced practice nurses has grown considerably, threefold in the past few years alone, making them an increasingly significant part of the work force.

Several metrics are used to measure the program's success, including the number of people in training, how long they stay in their permanent positions, how long they maintain their careers in a public setting and obtain leadership positions. Studies have shown that psychiatrists trained in similar fellowship programs are much more likely to have longer careers in public and community

settings serving underserved populations, that they were more likely to obtain leadership positions and that their satisfaction with their jobs was much higher.

Dr. Runnels is looking to use the fellowship to significantly increase the number of people who are doing academic work within public and community psychiatry, create leaders in the field and continue to partner with them in academic study to create a broader line of research, to actually carry this work forward and mentor people throughout their careers.

# CLINICAL ADVANCES

- **John Hertzner, MD**, *Clinical Director, Child and Adolescent Psychiatry Division, and Assistant Professor of Psychiatry, Case Western Reserve University School of Medicine*, continued in his role as Interim Director of the division.
- **Molly McVoy, MD**, *Assistant Professor of Psychiatry, School of Medicine, serves as the division's Director of Residency Education*. UH hired its first full-time advanced practice nurse in Child Psychiatry, **John Adamo**, who joins the team in providing clinical services both at the W.O. Walker Center and in the community. In addition to services at the W.O. Walker Center, UH Ahuja Medical Center, UH Medina Health Center and UH Mayfield Village Health Center, our child psychiatrists provide services in two pediatric practices at UH University Suburban Health Center and UH Westlake Health Center.
- **Aaron Ellington, PhD**, *Director, Intensive Outpatient Program, and Senior Instructor of Psychiatry, School of Medicine*, opened a Dual Diagnosis Intensive Outpatient Program for children with co-occurring mental illness and substance use disorders in October at the W.O. Walker Center in collaboration with one of our partner community agencies, Centers for Families and Children.
- Our geriatric program also welcomed its first full-time advanced practice nurse, **Cheryl Findling**, who participated in our Medicaid Technical Assistance and Policy Program (MEDTAPP)-funded APN "Externship Program" associated with our Public and Community Psychiatry Fellowship. Thanks to MEDTAPP, our fellowship expanded from four to eight fellows a year. MEDTAPP also has allowed significant expansion of our faculty and resident services to the community (now 24 full-time faculty spend part of their time in association with community services) and requires an ongoing commitment to serving Medicaid patient populations.
- Our Mood Disorders Outpatient Program under **John Heather, MD**, *Director, Intensive Outpatient Program, and Assistant Professor of Psychiatry, School of Medicine*, expanded to include a second Intensive Outpatient Program (IOP) track for adolescents and young adults.
- Our Electroconvulsive Therapy (ECT) program under **Keming Gao, MD**, *Clinical Director, Mood Disorders Program, and Associate Professor of Psychiatry, School of Medicine*, continues to provide services for the greatest number of treatment refractory patients with mood disorders. He also participated in a clinical trial of ECT for treating movement disorders with the Department of Neurology. This trial was presented at the American Association of Neurology's annual meeting.
- The donor-funded "Never Say No" initiative provided expert second opinions and stabilization for uninsured or underinsured patients who were then referred to community services or research studies for ongoing care.
- The Community Initiative Outpatient Psychotherapy Program has been piloted by **Paul Minnillo, PhD**, *Assistant Professor of Psychiatry, School of Medicine*. If successful, this program will engage clinicians with master's degrees to provide counseling and psychotherapy services for patients in our UH community-based settings.
- Our Consultation/Liaison Psychiatry Program also welcomed its first full-time advanced practice nurse with prescriptive authority, **Shawna Gudalis**, who will help with the increasing inpatient consultation load from our medical/surgical services at UH Case Medical Center. Meanwhile our full-time faculty also now participates in consultation services at UH Bedford, UH Ahuja, UH Richmond and UH Geauga medical centers.
- Finally, we have formally recognized and consolidated a Division of Psychology within the Department of Psychiatry under the leadership of **Jeffrey Janata, PhD**, *Director, Behavioral Medicine Program, Associate Professor of Psychiatry, School of Medicine*. Our psychologists provide clinical services within the infrastructures of our interdisciplinary clinical programs and bring unique skills to these programs. Dr. Janata collaborates with colleagues in the Departments of Neurology, and Obstetrics and Gynecology, in addition to providing cognitive behavioral therapy services and teaching to our residents and students.
- Our Mood Disorders program provides services through **Steven Hampl, PhD**, *Assistant Professor of Psychiatry, School of Medicine*; **Ed Shirley, PhD**, *Assistant Professor of Psychiatry, School of Medicine*; **Dr. Minnillo**; and **Danette Conklin, PhD**, *Senior Instructor of Psychiatry, School of Medicine*.
- Adult Psychiatry Division services and teaching are provided by **Jennifer Levin, PhD**, *Assistant Professor of Psychiatry, School of Medicine*; **David Liebenthal, PhD**, *Assistant Professor of Psychiatry, School of Medicine*; and **Lois Friedman, PhD**, *Professor of Psychiatry, School of Medicine*.
- Child and adolescent psychology services are also provided by **Felipe Amunategui, PhD**, *Associate Director, Child & Adolescent Residency Training, Assistant Professor of Psychiatry, School of Medicine*; **Chris Bedosky, PhD**, *Assistant Professor of Psychiatry, School of Medicine*; **Dr. Ellington**; and **Karen Tien, PhD**, *Senior Instructor of Psychiatry, School of Medicine*.



Dr. Martha Sajatovic

Any number of factors come into play in the research and treatment of mental illness. Comorbidities, medication side effects, substance abuse or addiction, not to mention the patient's experiences outside of the tightly controlled environment of a scientific, clinical trial, are all factors to be considered in measuring results and recommending effective treatment. Taking the pragmatic approach of working within the current health system, research is under way at UH Case Medical Center on how to create therapeutic environments in which patients become more active and participatory in their own treatment.

Self-management is the focus of three studies under the direction of **Dr. Martha Sajatovic**. The studies are intended to help determine factors that create an environment in which communication between patients, their doctors and other clinicians is better facilitated so patients can manage their conditions and treatment to experience better and more sustained outcomes.

## BETTER PHYSICAL AND MENTAL HEALTH THROUGH SELF-MANAGEMENT

Multiple Programs Focus on Improved Communication

- Targeted Training in Illness Management (TTIM), funded by the Centers for Disease Control (CDC), is designed to help people living with mental illness as well as diabetes or epilepsy. Currently enrollment is 160 participants of a projected 200.
- Customized Adherence Enhancement (CAE), funded by the National Institute of Mental Health (NIMH), is for people with bipolar disorder. Currently enrollment is 50 participants of a projected 200.
- Targeted Management Intervention for African-American Men with Stroke or TIA (TEAM), funded by the National Institute of Nursing Research (NINR), is focused on African-American men under age 65 who have suffered a stroke or mini-stroke. Enrollment is currently 14 participants of a projected 38.

While reaching different populations, all three programs teach patients about their conditions, how to identify their problems, and how to deal with symptoms of their physical and mental disorders. They also incorporate peer educators, people who share the condition or conditions. Their involvement in the program, sharing

their experiences, coping strategies and challenges, is based on the premise that learning and support among peer-participants is a powerful and effective tool.

One common barrier to managing these conditions is nonadherence with medication. These studies are designed to help participants learn more effective communications skills so they can better work with their health care provider and discuss their medication's side effects, costs or difficulty with following complex directions. They can prioritize what they see as the problems with their medicine and have a meaningful discussion with their clinician. Treatments get derailed sometimes for a variety of reasons, but if patients and their doctors can talk in a very focused way about where the problems lie, then patients do better and clinicians get more out of health care as well.

Dr. Sajatovic's goal is to create comprehensive treatment manuals that can be used in the dissemination of these approaches – off-the-shelf products that can be used by primary care teams, including social workers, in other health care systems.

Under the direction of **Dr. Joseph Calabrese**, the Mood Disorders Program continues to be recognized as one of the nation's leading programs in research on mood disorders and associated conditions. In 2013, Dr. Calabrese was awarded a Fast-Fail Trials in Anxiety Spectrum Disorders Award, and continues his work on the Ohio Army National Guard Health Initiative, the first prospective study of risk and resiliency factors in the development of post-traumatic stress disorder supported by the U.S. Army and the Ohio National Guard.

**Dr. Keming Gao's** research in "Treatment of Multiple System Atrophy with ECT" in collaboration with neurology was presented at the AAN's national meeting.

*Drs. Joseph Calabrese and Keming Gao*



Results from the first NIMH-funded treatment study in geriatric bipolar mania, led by **Dr. Martha Sajatovic**, were presented at the American Association of Geriatric Psychiatry's Annual Meeting. She also continues to conduct a major NIMH-funded study on diabetes and mental health. New research grants include a randomized controlled trial combining exercise and manualized psychoeducation for individuals with Parkinson disease and comorbid depression, which was cofunded by the Spitz Brain Health Initiative and Courageous Steps, a Parkinson disease advocacy group.

Researchers in child psychiatry continued work on the Longitudinal Assessment of Mania Symptoms (LAMS) study, now in its seventh year of following children and adolescents under new leadership by **Nora McNamara, MD**, Senior Instructor, School of Medicine. Work also continues on numerous clinical trials

initiated by Dr. McNamara, including the National Institute of Child Health and Human Development-sponsored Best Pharmaceuticals for Children Act Pediatric Off-Patent Drug Study; enrollment is now under way for a study of adults with schizophrenia in an add-on study of a nicotinic agonist as a neurocognitive enhancer; adolescent enrollment is now complete for bench-level research in schizophrenia using donated skin cells that will be retro-grown in a lab into stem cells, and then into neurons. A new study of

memantine and its use in the treatment of adolescents and adults with Down syndrome is also underway. The purpose of the study is to determine whether memantine improves memory and cognition in persons with Down syndrome. The study involves researchers from pediatrics, behavioral pediatrics and psychiatry. **Dr. Stephen Ruedrich** is co-investigator of the privately funded study.

**Jinbo Fan, PhD**, Assistant Professor of Psychiatry, Case Western Reserve University School of Medicine, continues his work in molecular psychiatry. The program received an award from the Cleveland Foundation in June 2013 to establish a DNA Repository at Case Western Reserve University to begin a research base for developing a personalized medicine approach for the treatment of mood disorders.

**David Kemp, MD**, Director, Mood & Metabolic Disorders Program, and Assistant Professor of Psychiatry, Case Western Reserve University School of Medicine, received a Brain & Behavior Research Foundation (formerly National Association for Research in Schizophrenia and Depression Young Investigator) Award for his work in the use of Insulin Sensitizers for the treatment of depression.



The commitment to exceptional patient care begins with revolutionary discovery. University Hospitals Case Medical Center is the primary affiliate of Case Western Reserve University School of Medicine, a national leader in medical research and education and consistently ranked among the top research medical schools in the country by U.S. News & World Report. Through their faculty appointments at Case Western Reserve University School of Medicine, physicians at UH Case Medical Center are advancing medical care through innovative research and discovery that bring the latest treatment options to patients.

RESEARCH

All National Institute of Mental Health (NIMH) funding for basic and clinical research is awarded to the School of Medicine at Case Western Reserve University.

**The Harrington Project for Discovery & Development** is a \$250 million national initiative to accelerate the development of medical breakthroughs by physician-scientists into medicines that benefit patients. It is a unique model that aligns, through mission and structure, nonprofit and for-profit resources into a system for drug development. The Harrington Project thereby addresses a set of major challenges in medicine that have created a development gap for promising discoveries.

**The Harrington Discovery Institute** at University Hospitals Case Medical Center, the nonprofit component of The Harrington Project, enables physician-scientists to translate their clinical insights and research into novel therapies that benefit patients and society. Through an annual competition, the Harrington Discovery Institute selects a group of medical innovators known as Harrington Scholar-Innovators whose projects are funded and actively guided by drug discovery experts toward the clinical realm.

HARRINGTON DISCOVERY INSTITUTE  
AT UNIVERSITY HOSPITALS CASE MEDICAL CENTER

## A CATALYST FOR A NEW MODEL IN DRUG DEVELOPMENT

**2014 SCHOLARS** The 2014 class of Harrington Scholar-Innovators selected by the institute's scientific advisory board are:

**Jayakrishna Ambati, MD**  
*University of Kentucky*

**Darren Carpizo, MD, PhD**  
*Rutgers Cancer Institute of New Jersey*

**Garret FitzGerald, MD**  
*University of Pennsylvania*

**Mark Humayun, MD, PhD**  
*University of Southern California*

**John Kheir, MD**  
*Harvard University*

**Rahul Kohli, MD, PhD**  
*University of Pennsylvania*

**Gavril Pasternak, MD, PhD**  
*Memorial Sloan-Kettering Cancer Center*

**Irina Petrache, MD**  
*Indiana University*

**David Rowitch, MD, PhD**  
*University of California, San Francisco*

**Jean Tang, MD, PhD**  
*Stanford University*

**David Wald, MD, PhD**  
*Case Western Reserve University*

**To learn more, visit [HarringtonDiscovery.org](http://HarringtonDiscovery.org).**



## THE HARRINGTON SCHOLAR-INNOVATOR GRANT PROGRAM: CHANGING THE STATUS QUO

*Marc Diamond, MD*  
*Harrington Scholar-Innovator 2013*  
*Washington University School of Medicine, St. Louis, Mo.*  
*Alzheimer disease*

Dr. Diamond, a neurologist at Washington University School of Medicine, treats patients with neurodegenerative diseases and sees their effects on patients and families.

His laboratory was responsible for a major breakthrough in understanding the development of neurodegenerative diseases with the discovery that pathologic proteins in these diseases propagate pathology between cells, just like prion protein. Building on that discovery, Dr. Diamond is now exploring the development of antibodies that can target these pathologic proteins and block their spread through the brain.

Support from the Harrington Discovery Institute will give him the flexibility to explore different approaches, he says.

**“It is helping me go in directions that promise to be the most productive – and the most exciting.”**

Read more at [HarringtonDiscovery.org/Scholar-Innovator2013](http://HarringtonDiscovery.org/Scholar-Innovator2013).

**To be notified of the next Harrington Scholar-Innovator Grant call for proposals, email [Natalie.Haynes@UHhospitals.org](mailto:Natalie.Haynes@UHhospitals.org).**

**In 1996**, UH created a clinical trials office at what is now UH Case Medical Center. At the time of its creation, the focus and management of clinical trials was managed by a small staff. This team was charged with the fiscal management of a handful of clinical trials, as well as regulatory oversight of human subject protections. By 2000, the office became known as the UH Research Institute.

**From 1996 to 2003**, the clinical research enterprise at the academic medical center continued to expand, resulting in exponential growth of both the staff and the research activity managed. The institute grew into a much broader

support department and became the **Center for Clinical Research and Technology (CCRT)**, which consists of seven offices dedicated to developing a standardized platform ensuring the responsible conduct of research for patients through scientific, regulatory, legal, ethical and fiscal review.

The CCRT now provides infrastructure, programmatic, personnel and administrative support for all research activities performed at UH by UH medical or scientific staff. These medical scientists are national and international leaders in their respective fields and are committed to **identifying standards of excellence** and potential areas for improvement to promote and **facilitate clinical and translational research**.

**By 2013**, the CCRT activities amounted to over \$42 million at UH and \$167 million of UH activity related to the affiliation between UH and Case Western Reserve University School of Medicine. These funds emanate from nearly 1,200 active grants and contracts at UH and nearly 700 additional grants that annually fund the shared faculty of UH and the School of Medicine through nearly 2,300 active human research protocols.

**To learn more about the Center for Clinical Research and Technology directly, visit [UHhospitals.org/Clinical-Research](http://UHhospitals.org/Clinical-Research), call 216-844-5576 or email [ClinicalResearch@UHhospitals.org](mailto:ClinicalResearch@UHhospitals.org).**

## UH Case Medical Center **CENTER FOR CLINICAL RESEARCH AND TECHNOLOGY**

Clinical research has always driven the practice of medicine to new heights and, as such, is deeply embedded within the very mission statement of University Hospitals:

**To Heal. To Teach. To Discover.**

## Department of Psychiatry

### Chairman

**Robert J. Ronis, MD, MPH**  
Chairman, Psychiatrist-in-Chief  
Douglas Danford Bond Professor

### Adult Psychiatry

**Stephen Ruedrich, MD**  
Division Director  
L. Douglas Lenkoski Professor

**Cathleen A. Cerny, MD**  
Assistant Training Director, Adult Psychiatry Residency Education  
Assistant Professor

**James Cunagin, MD**  
Clinical Assistant Professor

**John R. Fisher, MD**  
Assistant Professor

**Lois Friedman, PhD**  
Professor

**David Hahn, MD**  
Director, Inpatient Adult Psychiatry Services  
Assistant Professor

**Ray E. Isackila, LPCC, LICDC**  
Clinical Instructor

**Jeffrey Janata, PhD**  
Division Director, Psychology Professor

**Susan E. Kimmel, MD**  
Assistant Professor

**Margaret Kotz, DO**  
Director, Addiction Recovery Services Professor

**Jennifer Levin, PhD**  
Assistant Professor

**Stephen Levine, MD**  
Clinical Professor

**David Liebenthal, PhD**  
Assistant Professor

**Richard Lightbody, MD**  
Clinical Professor

**Matig Mavissakalian, MD**  
Director, Anxiety Disorders Program Professor

**Stephen Noffsinger, MD**  
Associate Professor

**Luis Ramirez, MD**  
Associate Professor

**Phillip Resnick, MD**  
Director, Forensic Psychiatry Program and Fellowship Professor

**Miriam Rosenthal, MD**  
Associate Professor Emeritus

**Ellen Rothchild, MD**  
Clinical Professor Emeritus

**Rajeet Shrestha, MD**  
Senior Instructor

**James Srp, CNP**  
Clinical Assistant Professor

**Susan Stagno, MD**  
Director, Adult Psychiatry Residency Education  
Associate Professor

**Kathleen Svala, MD**  
Senior Instructor

**Mark Warren, MD**  
Clinical Assistant Professor

**Denton Wyse, MD**  
Clinical Assistant Professor

Child & Adolescent Psychiatry  
**John Hertzner, MD**  
Interim Division Director  
Clinical Director, Child & Adolescent Psychiatry  
Assistant Professor

**Felipe Amunategui, PhD**  
Assistant Director, Child & Adolescent Residency Education  
Assistant Professor

**Joseph C. Bedosky, PhD**  
Assistant Professor

**Vincent Caringi, MD**  
Senior Instructor

**Maryellen Davis, MD**  
Director Emeritus, Child & Adolescent Residency Education  
Clinical Associate Professor

**Aaron Ellington, PhD**  
Director, Intensive Outpatient Program  
Senior Instructor

**Marcie Hall Mennes, MD**  
Assistant Professor

**Nora McNamara, MD**  
Senior Instructor

**Molly McVoy, MD**  
Director, Child & Adolescent Residency Education  
Assistant Professor

**Robin Mogul, MD**  
Senior Instructor

**Maria Pagano, PhD**  
Associate Professor

**Robert Stansbrey, MD**  
Assistant Professor

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**Irina Korobkova, MD**  
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**Jera Barrett, MD**  
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